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E-WASTE MANAGEMENT PLAN FOR HEC AND UNIVERSITIES ACROSS PAKISTAN

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8/8/2025

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Arisha Ali Abdullah Dr. Ilmas Noman Ashraf

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GUIDELINES TO EXTEND THE USABLE LIFE OF ICT EQUIPMENT

Laptop

- Carry your laptop in a padded sleeve or bag & use laptop protective equipment such as screen protectors, keyboard cover etc.
- Do not keep your laptop always plugged in. Discharge the battery to around 40-80% before recharging. Do not let the battery fall to 0% very often.
- Ensure proper airflow by using the laptop on hard flat surfaces. Do not use the laptop on beds, couches or lap for long intervals without a cooling pad or a laptop stand.
- Replace the dysfunctional component (battery, RAM etc) instead of replacing the whole device if it is functioning well otherwise.



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