

Name: Dr. Okasha Anjum (PT)

Designation: HOD/Assistant Professor, Department of Physical Therapy and Rehabilitation Sciences

Qualifications: MSc.PT (Neuromusculoskeletal Physical Therapy, Liaquat National School of Physiotherapy, Karachi University)

DPT-D (Doctor of Physiotherapy, Liaquat National School of Physiotherapy, Karachi University)

BSPT (Bachelor of Science –Physiotherapy, College of Physiotherapy, JPMC)

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Profile:

Dr. Okasha Anjum, (PT), received a Bachelor of Science in Physiotherapy (BSPT) from the College of Physiotherapy at Jinnah Postgraduate Medical Centre (JPMC) in Karachi. She further advanced her education by earning a Doctor of Physical Therapy (DPT-D) from the Liaquat National School of Physiotherapy, Karachi University. Committed to specialized knowledge, Dr. Okasha Anjum (PT) completed her Master of Science in Neuromusculoskeletal Physical Therapy from the same institution. With a strong focus on clinical practice and research, she actively contributes to advancing the field of physiotherapy through various academic and professional initiatives.

Research Interest:

- Physical Therapy

Selected Publications:

- Knowledge, attitudes and perception of medical students towards COVID- 19 vaccination across Pakistan: a cross-sectional survey published in Allied Medical Research Journal HEC recognised “Y” CATEGORY, in 2024.

https://www.researchgate.net/publication/378730694_Knowledge_Attitude_and_Perception_of_Covid-19_Vaccinations_in_Physiotherapy_Students_of_Pakistan_-_A_Cross-Sectional_Survey

- Effects of Physiotherapy in the Management of Cancer related Pain and Fatigue- A Systematic Review of Randomized Controlled Trials published in International Journal of Endorsing Health Science Research, HEC Recognized “Y” CATEGORY, in 2021.

<https://aeirc-edu.com/ojs14/index.php/ijehtsr/article/view/382>

- Efficacy Of Robot-assisted Physiotherapy for Pain Management in Neurological Disorders-A Systematic Review” published in Journal of Medical sciences, HEC Recognized “Y” CATEGORY, in 2021

<https://jmedsci.com/index.php/Jmedsci/article/view/1243>